



Aromatherapy for Pregnancy IFPA Accredited

A two day interactive course presented by
Jo Kellett TIDHA MIFPA CIMI

- An interactive two day course to develop your skills and knowledge of aromatherapy for pregnancy. Students will get the opportunity to practice massage routines and also to take part in various theory and practical exercises.
- Students will be encouraged to work in small groups, pairs and as a whole group. There is plenty of opportunity for questions and feedback and time to comment on personal experiences.
- The course will help you confidently put into practice, massage & aromatherapy techniques pertinent to pregnancy, labour and post natal recovery.
- Handouts are provided to back up all course material

Day 1

- Physical & psychological changes in pregnancy
- Antenatal terminology and information re ante-natal checkups
- Back Massage for Pregnancy and positioning
- Essential Oils for pregnancy

Day 2

- Labour overview including Essential Oils to use at this time
- Acupressure points for labour
- Post natal overview including Essential Oils to use at this time



Venue

University College of Osteopathy
275 Borough High Street
London SE1 1JE

Dates & Times

Saturday 2nd Feb & Sunday 3rd Feb 2019
9.30-5.00pm

Cost

£245.00 payable on booking

Course requirements

Previous aromatherapy diploma required

CPD points

12– IFPA accredited

Contact

jo@fromtheseed.co.uk
www.fromtheseed.co.uk
07970 773030

You will need to bring

2 pillows
2 Towels
1 couch cover



Course T&C's

1. Payments

All courses must be paid for in one payment in advance to secure the booking

2. Refunds

If you need to cancel for any reason [from the seed](#) can offer the following:

4 or more weeks notice – will give a 100% refund

2-4 weeks notice – will give a 50% refund

Less than 2 weeks – There is no refund offered

3. Cancellation of course

If [from the seed](#) needs to cancel for any reason you will be notified by email at least 7 days in advance and you will be reimbursed a full refund of the course fee

Courses are non-transferable

4. Course notes

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