



## **Aromatic Acupressure Head Massage IFPA Accredited**

### **A one-day interactive course presented by**

Donna Robbins ITHMA MFHT PGCE

&

Jo Kellett TIDHA MIFPA CIMI

- On this one-day course you will learn a slow, gentle, extremely meditative treatment of the head, face, neck and shoulders that stills the mind thereby imbuing tranquillity & peace. Ideally suited for those clients that have real difficulty 'switching off'.
- Techniques based on the ancient wisdom of the Tibetan, Ayurvedic and Indian Medicine systems.
- Essential oil theory on six oils will be given to support and further enhance your treatments.
- There will be demonstration, theory and plenty of opportunity to both give and receive a treatment as well as time for questions, feedback and time to share personal experiences.
- Handouts are provided to back up all course material

### **Course Content**

Overview of course

Brief theoretical overview Demonstration of treatment

Essential oils to enhance your treatments

Massage Practical



## **Venue**

Unit 4  
20-26 Round Hill Street  
Brighton  
BN2 3RG

## **Dates & Times**

Saturday 7<sup>th</sup> March 2019  
9.30-5.00pm

## **Cost**

£135 payable on booking

## **CPD points**

6

## **Course requirements**

Previous aromatherapy diploma required

## **Contact**

jo@fromtheseed.co.uk  
07970 773030

donnarobbinstherapies@gmail.com  
07756 459427

## **You will need to bring**

1 Towel  
1 couch cover



## Course T&C's

### 1. Payments

All courses must be paid for in one payment in advance to secure the booking

### 2. Refunds

If you need to cancel for any reason *from the seed* can offer the following:

4 or more weeks' notice – will give a 100% refund

2-4 weeks' notice – will give a 50% refund

Less than 2 weeks – There is no refund offered

### Courses are non-transferable

### 3. Cancellation of course

If *from the seed* needs to cancel for any reason you will be notified by email at least 7 days in advance and you will be reimbursed a full refund of the course fee

### 4. Course notes

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