



**Aromatherapy &
Advanced body work for Back, Neck & Shoulders
IFPA Accredited CPD**

**AN OPPORTUNITY TO EXPAND YOUR REPERTIORE FOR THIS
POPULAR MUCH REQUESTED BODY AREA**

A one-day interactive course presented by

**Donna Robbins ITHMA MFHT PGCE
&
Jo Kellett TIDHA MIFPA CIMI**

- A one-day course to develop your skills and knowledge of aromatherapy and advanced body work techniques for the back neck & shoulders. Students will get the opportunity to take part in various theory and practical exercises
- Students will be encouraged to work in small groups, pairs and as a whole group. There is plenty of opportunity for questions and feedback and time to comment on personal experiences
- The course will help you confidently support clients and address their back, neck & shoulder needs.
- Handouts are provided to back up all course material

Course Content:

- Anatomy & physiology of the back, neck & shoulders
- Six Essential Oils to enhance your practice
- Body work techniques will include massage, acupressure, myofascial release, dry techniques, mobilisation, deep tissue, stretching, rocking & pulsing



Aromatherapy for Respiration IFPA Accredited CPD

Venue

Unit 4
20-26 Round Hill Street
Brighton
BN2 3RG

Date & Time

Saturday 26th June 2021
10.00-5.00pm

Cost

£135.00 payable on booking

CPD Points

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Course requirements

Previous aromatherapy diploma required

Contact

jo@fromtheseed.co.uk
07970 773030

donnarobbinstherapies@gmail.com
07756 459427

You will need to bring

1 towel
1 couch cover
1 pillow
PPE

PPE in line with current recommendations- you will be advised closer to the date as to what the requirements are



Course T&C's

1. Payments

All courses must be paid for in one payment in advance to secure the booking

2. Refunds

If you need to cancel for any reason *from the seed* can offer the following:

4 or more weeks' notice – will give a 100% refund

2-4 weeks' notice – will give a 50% refund

Less than 2 weeks – There is no refund offered

Courses are non-transferable

3. Cancellation of course

If *from the seed* needs to cancel for any reason you will be notified by email at least 7 days in advance and you will be reimbursed a full refund of the course fee

Due to Covid, courses may be cancelled at any time – you will receive a full refund if this is the case

4. Course notes

All training material is owned by *from the seed aromatherapy*. Filming courses, copying, adaptation or other use of all or part of these materials without written permission is prohibited