



## **Aromatherapy for Respiratory Health IFPA Accredited CPD**

### **SUPPORT YOUR CLIENT'S IMMUNE & RESPIRATORY HEALTH**

A one-day interactive course presented by

**Donna Robbins ITHMA MFHT PGCE  
&  
Jo Kellett TIDHA MIFPA CIMI**

- A one-day course to develop your skills and knowledge of aromatherapy and advanced body work techniques for the respiratory system. Students will get the opportunity to take part in various theory and practical exercises
- Students will be encouraged to work in small groups, pairs and as a whole group. There is plenty of opportunity for questions and feedback and time to comment on personal experiences
- The course will help you confidently use your essential oils to support clients and address their respiratory health requirements.
- Handouts are provided to back up all course material

#### **Course Content:**

- Physiological process and conditions of the respiratory system
- Six Essential Oils to support the respiratory system
- Consideration of applications and after care
- Body work techniques will include massage, acupressure, breathing exercises, myofascial release, stretching, rocking, pulsing & pumping

\*students will have the choice to work with chest covered or uncovered\*



## **Aromatherapy for Respiration IFPA Accredited CPD**

### **Venue**

Unit 4  
20-26 Round Hill Street  
Brighton  
BN2 3RG

### **Date & Time**

Saturday 6<sup>th</sup> February 2021  
10.00-5.00pm

### **Cost**

£135.00 payable on booking

### **CPD Points**

6

### **Course requirements**

Previous aromatherapy diploma required

### **Contact**

jo@fromtheseed.co.uk  
07970 773030

donnarobbinstherapies@gmail.com  
07756 459427

### **You will need to bring**

1 towel  
1 couch cover  
1 pillow  
PPE

**PPE in line with current recommendations- you will be advised closer to the date as to what the requirements are**



## Course T&C's

### 1. Payments

All courses must be paid for in one payment in advance to secure the booking

### 2. Refunds

If you need to cancel for any reason *from the seed* can offer the following:

4 or more weeks' notice – will give a 100% refund

2-4 weeks' notice – will give a 50% refund

Less than 2 weeks – There is no refund offered

### Courses are non-transferable

### 3. Cancellation of course

If *from the seed* needs to cancel for any reason you will be notified by email at least 7 days in advance and you will be reimbursed a full refund of the course fee

**Due to Covid, courses may be cancelled at any time – you will receive a full refund if this is the case**

### 4. Course notes

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