



Aromatic Acupressure & Meridian Body Massage IFPA Accredited CPD

A two-day interactive course with
Donna Robbins ITHMA MFHT PGCE
&
Jo Kellett TIDHA MIFPA CIMI

- A two-day course to look at the ancient Traditional Chinese Medicine (TCM) system and how to integrate this practice into your bodywork thereby assisting the body in restoring good health and harmony.
- We will also take a look at the use of aromatics from a TCM perspective to support and enhance the potency of the treatment.
- Students will get the opportunity to practice massage techniques and also to take part in various theory and practical exercises.
- Students will be encouraged to work in small groups, pairs and as a whole group. There is plenty of opportunity for questions and feedback and time to comment on personal experiences.
- Handouts are provided to back up all course material.

Day 1

- Theoretical overview
What is Qi?, Yin & Yang, Meridians & Acupressure, The 5 Elements, Qi Gong warm up
- Demonstration of treatment & practice

Day 2

- Essential oils from a TCM perspective to support meridians and acupressure techniques
- Practical session



Venue

Unit 4
20-26 round Hill
BRIGHTON BN2 3RG

Dates & Times

Saturday 25th & Sunday 26th June 2022
9.30-5.00pm

Cost

£265.00 payable on booking

CPD points

12-IFPA accredited

Course requirements

Previous aromatherapy diploma required

Contact

jo@fromtheseed.co.uk
07970 773030

donnarobbinsterapies@gmail.com
07756 459427

You will need to bring

2 pillows
2 Towels
1 couch cover
PPE

PPE in line with current recommendations- you will be advised closer to the date as to what the requirements are



Course T&C's

1. Payments

All courses must be paid for in one payment in advance to secure the booking

2. Refunds

If you need to cancel for any reason *from the seed* can offer the following:

4 or more weeks' notice – will give a 100% refund

2-4 weeks' notice – will give a 50% refund

Less than 2 weeks – There is no refund offered

Courses are non-transferable

3. Cancellation of course

If *from the seed* needs to cancel for any reason you will be notified by email at least 7 days in advance and you will be reimbursed a full refund of the course fee

Due to Covid, courses may be cancelled at any time – you will receive a full refund if this is the case

4. Course notes

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