



## **Aromatherapy for Pregnancy IFPA Accredited CPD**

A two-day interactive course presented by  
Jo Kellett TIDHA MIFPA CIMI & Donna Robbins ITHMA MFHT PGCE

- An interactive two day course to develop your skills and knowledge of aromatherapy for pregnancy. Students will get the opportunity to practice massage routines and also to take part in various theory and practical exercises.
- Students will be encouraged to work in small groups, pairs and as a whole group. There is plenty of opportunity for questions and feedback and time to comment on personal experiences.
- The course will help you confidently put into practice, massage & aromatherapy techniques pertinent to pregnancy, labour and post natal recovery.
- Handouts are provided to back up all course material

### **Day 1**

- Physical & psychological changes in pregnancy
- Antenatal terminology and information re ante-natal checkups
- Back Massage for Pregnancy and positioning
- Essential Oils for pregnancy

### **Day 2**

- Labour overview including Essential Oils to use at this time
- Acupressure points for labour
- Post natal overview including Essential Oils to use at this time



## Venue

Unit 4  
20-26 Round Hill Street  
Brighton  
BN2 3RG

## Dates & Times

Saturday 19<sup>th</sup> March & Sunday 20<sup>th</sup> March 2022  
9.30-5.00pm

## Cost

£265.00 payable on booking

## Course requirements

Previous aromatherapy diploma required

## CPD points

12– IFPA accredited

## Contact

jo@fromtheseed.co.uk  
07970 773030

donnarobbinsterapies@gmail.com  
07756 459427

## You will need to bring

2 pillows  
2 Towels  
1 couch cover  
PPE

**PPE in line with current recommendations- you will be advised closer to the date as to what the requirements are**



## **Course T&C's**

### **1. Payments**

All courses must be paid for in one payment in advance to secure the booking

### **2. Refunds**

If you need to cancel for any reason [from the seed](#) can offer the following:

4 or more weeks notice – will give a 100% refund

2-4 weeks notice – will give a 50% refund

Less than 2 weeks – There is no refund offered

### **3. Cancellation of course**

If [from the seed](#) needs to cancel for any reason you will be notified by email at least 7 days in advance and you will be reimbursed a full refund of the course fee

Courses are non-transferable

**Due to Covid, courses may be cancelled at any time – you will receive a full refund if this is the case**

### **4. Course notes**

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