



Aromatherapy & Massage Refresher Course IFPA Accredited CPD

A two-day interactive course with
Jo Kellett TIDHA MIFPA CIMI

&

Donna Robbins ITHMA MFHT PGCE

- An interactive two-day course to confidently help you get back to work. Enhance your skills and knowledge with an emphasis on 'working smart' and iron out old habits! *And* renew your confidence in your choice of essential oils for your clients.
- Students will get the opportunity to practice massage routines and also to take part in various theory exercises.
- Students will be encouraged to work in small groups, pairs and as a whole group. There is plenty of opportunity for questions and feedback and time to comment on personal experiences.
- The course will re-visit theoretical elements of massage and aromatherapy
- Handouts are provided to back up all course material

Day 1

- Revisit essential elements of bodywork
- The importance of *Working Smart* - self-care and therapist friendly application of techniques and body mechanics
- Demonstration and practical session

Day 2

- Revisit essential oil blending, %'s, botanical families and chemical groups, plus consultation skills
- Full body practical with essential oils



Venue

Unit 4
20-26 Round Hill Street
Brighton
BN2 3RG

Dates & Times

Saturday 19th & Sunday 20th February 2022
9.30-5.00pm

Cost

£265.00 payable on booking

CPD points

12-IFPA accredited

Course requirements

Previous aromatherapy diploma required

Contact

jo@fromtheseed.co.uk
07970 773030

donnarobbinstherapies@gmail.com
07756 459427

You will need to bring

2 pillows
2 Towels
1 couch cover
PPE*

****PPE in line with current recommendations- you will be advised closer to the date as to what the requirements are.
Thank you.***



Course T&C's

1. Payments

All courses must be paid for in one payment in advance to secure the booking

2. Refunds

If you need to cancel for any reason *from the seed* can offer the following:

4 or more weeks' notice – will give a 100% refund

2-4 weeks' notice – will give a 50% refund

Less than 2 weeks – There is no refund offered

Courses are non-transferable

3. Cancellation of course

If *from the seed* needs to cancel for any reason you will be notified by email at least 7 days in advance and you will be reimbursed a full refund of the course fee

Due to Covid, courses may be cancelled at any time – you will receive a full refund if this is the case

4. Course notes

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